

BREAKFAST

Served until 12.00 / all breakfast served with organic sourdough bread. Our eggs are Irish & free range

EGG ROYALE organic Irish smoked salmon, poached eggs and hollandaise sauce [1,3,4,8,9]	€ 13.90
EGG FLORENTINE sautéed spinach, poached eggs and hollandaise sauce [1,3,4,8]	€ 13.50
EGG BENEDICT Bacon, poached eggs & homemade hollandaise sauce [1,3,4,8]	€ 14.50
AVOCADO & POACHED EGGS Served on ORG sourdough toast, seasoned with chilli salt and flaked almonds [1,3,8] Add Bacon € 2.90	€ 13.50
FULL IRISH BREAKFAST Sausages, bacon, mushroom, black and white pudding, baked tomato, fried egg, organic sourdough toast with tea or americano coffee [1,3,4,8]	€ 13.90
SCRAMBLED EGG & ORGANIC SOURDOUGH Add on 1 item: \in 2.50 each (Ham, tomato, mushroom, cheese) Bacon supplement \in 2.90 Salmon supplement \in 3.80 [1,3,4,8]	€ 8.50
FULL BLAST OMELETTE Choose one meat: /Ham, Bacon, Chorizo or Smoked Organic Salmon/ served with mushroom, cheese, onion and ORG toast [1,3,4,8,9]	€ 14.90
BREAKFAST BAP Butter, bacon, sausage and egg [1,3,4,8]	€ 9.90
FRENCH TOAST Add bacon or fruit & maple syrup € 4.90 [1,3,4,5,8]	€ 9.90

MORNING TREATS

MIX BERRY SCONE [1,4,8,14]	€ 3.50
HOMEMADE ALMOND CROISSANT [1,4,8,14]	€ 4.50
FRESH FRUIT SALAD BOWL	€ 6.50
CROISSANT/ PAN AU CHOCOLATE / RAISIN DANISH [1,3,4,8]	€ 2.80
ORGANIC TOAST Multi-seed sourdough or Walnut & raisin brown bread served with jam & butter [1,3,4,8,14]	€ 3.50
GRANOLA BOWL / GF BERRY OATY or TRIPLE NUT GRANOLA [1,3,4,8,14] Served with natural probiotic yoghurt and fresh fruit	€ 8.50
WAFFLE Toasted belgian waffle topped with fresh cream, fruit &caramel sauce [1,3,4,5,8]	€ 10.50
FRESHLY SQUEEZED ORANGE JUICE	€ 3.80

€ 14.90

EGGY BLT French toast baguette topped with grilled rashers, tomato & salad [1,3,4,8]

HOT DRINKS

AMERICANO € 3.30 / TEA € 2.80 / CAPPUCCINO € 3.70 / LATTE € 3.50 / FLAT WHITE € 3.70 / ESPRESSO € 2.80 / DOUBLE ESPRESSO € 3.50 CHAI LATTE € 4.20 / HOT CHOCOLATE € 4.20 / MOCHA € 4.50 Supplements €0.60 each: cream, marshmallow, oat or coconut milk

HERBAL TEA SELECTION € 3.20

Green tea, Peppermint tea, Earl Grey, Camomile, Summer Berry

Food Allergy Advice 1-Gluten, 2-Peanut, 3-Nuts, 4-Milk, 5-Soya, 6-Mustard, 7-Lupin, 8-Egg, 9-Fish, 10-Crustaceans, 11-Molluscs, 12-Sesame Seeds, 13-Celery 14-Sulphur Dioxide